

Asian Dementia: A Public Poster on Prevention and Warning Signs

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Abstract:

Introduction: Dementia affects 55 million people worldwide, with 10 million patients added yearly, and 60% of global burden in Asia. Alzheimer's disease (AD) is traditionally thought to be the main agent of dementia, but there is growing evidence of vascular dementia (VD) ("silent strokes") being the driving agent of dementia, especially among East Asians. This is an important geriatrics issue as there is lack of awareness of dementia within Asia and an even poorer understanding of VD.

Objectives: This poster aims to raise awareness of dementia in the Asian context, its prevention and early warning signs to educate the public.

Keywords: *Asian Dementia, Prevention, Warning Signs*